



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Full Report (All Nutrients) 14534, Alcoholic beverage, liqueur, coffee, 63 proof

Report Date: May 24, 2017 00:46 EDT

Nutrient values and weights are for edible portion.

Food Group : Beverages

Carbohydrate Factor: 3.9 Fat Factor: 8.37 Protein Factor:3.47 Nitrogen to Protein Conversion Factor:6.25

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 fl oz 34.8g	1.5 fl oz 52g
Proximates						
Water	g	41.40	1	--	14.41	21.53
Energy	kcal	308	--	--	107	160
Energy	kJ	1289	--	--	449	670
Protein	g	0.10	2	--	0.03	0.05
Total lipid (fat)	g	0.30	2	--	0.10	0.16
Ash	g	0.10	2	--	0.03	0.05
Carbohydrate, by difference	g	32.20	--	--	11.21	16.74
Fiber, total dietary	g	0.0	--	--	0.0	0.0
Sugars, total	g	32.20	--	--	11.21	16.74
Minerals						
Calcium, Ca	mg	1	2	--	0	1
Iron, Fe	mg	0.06	2	--	0.02	0.03
Magnesium, Mg	mg	3	2	--	1	2
Phosphorus, P	mg	6	2	--	2	3
Potassium, K	mg	30	2	--	10	16
Sodium, Na	mg	8	2	--	3	4
Zinc, Zn	mg	0.03	2	--	0.01	0.02
Copper, Cu	mg	0.040	2	--	0.014	0.021
Manganese, Mn	mg	0.017	--	--	0.006	0.009
Selenium, Se	µg	0.3	--	--	0.1	0.2
Vitamins						
Vitamin C, total ascorbic acid	mg	0.0	--	--	0.0	0.0

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 fl oz 34.8g	1.5 fl oz 52g
Thiamin	mg	0.004	2	--	0.001	0.002
Riboflavin	mg	0.012	2	--	0.004	0.006
Niacin	mg	0.144	2	--	0.050	0.075
Pantothenic acid	mg	0.000	2	--	0.000	0.000
Vitamin B-6	mg	0.000	--	--	0.000	0.000
Folate, total	µg	0	--	--	0	0
Folic acid	µg	0	--	--	0	0
Folate, food	µg	0	--	--	0	0
Folate, DFE	µg	0	--	--	0	0
Vitamin B-12	µg	0.00	--	--	0.00	0.00
Vitamin B-12, added	µg	0.00	--	--	0.00	0.00
Vitamin A, RAE	µg	0	--	--	0	0
Retinol	µg	0	--	--	0	0
Vitamin A, IU	IU	0	--	--	0	0
Lipids						
Fatty acids, total saturated	g	0.106	--	--	0.037	0.055
16:0	g	0.078	--	--	0.027	0.041
18:0	g	0.019	--	--	0.007	0.010
Fatty acids, total monounsaturated	g	0.022	--	--	0.008	0.011
18:1 undifferentiated	g	0.021	--	--	0.007	0.011
20:1	g	0.000	--	--	0.000	0.000
Fatty acids, total polyunsaturated	g	0.105	--	--	0.037	0.055
18:2 undifferentiated	g	0.097	--	--	0.034	0.050
18:3 undifferentiated	g	0.008	--	--	0.003	0.004
Fatty acids, total trans	g	0.000	--	--	0.000	0.000
Cholesterol	mg	0	--	--	0	0
Amino Acids						
Other						
Alcohol, ethyl	g	26.0	--	--	9.0	13.5
Caffeine	mg	26	--	--	9	14
Theobromine	mg	0	--	--	0	0